

# **Journal of Asian Regional Association for Home Economics Guidelines for Authors**

The Journal of Asian Regional Association for Home Economics is an official international journal of the Asian Regional Association for Home Economics (ARAHE). The purpose of the journal is to promote the academic activities of home economists from member organizations of ARAHE and other countries around the world. The journal publishes manuscripts that are related to all areas of home economics (Clothing and Textiles, Food and Nutrition, Child and Family Studies, Consumer Studies, Family Resource Management, and Housing and Home-economics Education).

## **General Information**

Since 1991, the Journal of Asian Regional Association for Home Economics (JARAHE) has published research articles on Home Economics. JARAHE features original research articles, research notes, and reviews concerning all aspects of Home Economics. Research articles and research notes are submitted voluntarily, while review articles can be submitted only when solicited by the editor. Accepted manuscripts become the property of the Asian Regional Association for Home Economics and authors must transfer copyrights to ARAHE. Accepted manuscripts will be published with the understanding that the authors will pay a page charge, with additional charges for figures and photographs. Reprints are supplied upon request for an additional charge. JARAHE is published quarterly, at the end of March, June, September, and December.

## **Manuscript Submission and Peer-Review**

Submit manuscripts to the Journal of ARAHE main editorial office.

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Check Manuscript Status by emailing the editorial office. Please note that all submissions are prescreened for suitability. Papers that fail to comply with manuscript preparation guidelines may occasionally be rejected without peer review at the discretion of the Editor, particularly in cases where the paper is a brief report, does not comply with APA style guidelines, or clearly falls outside the scope of the journal.

All submitted manuscript will be treated as confidential and undergo double-blind peer review by the members of editorial board or their designees before acceptance for publication. The corresponding author is notified as soon as possible of the editor's decision to accept, reject, or request to revision of manuscript. When the final

manuscript is completely acceptable according to the JARAHE format and criteria, it is scheduled for publication in the next available issue.

### **Manuscript Preparation**

Journal of ARAHE follows the guidelines of the Publication Manual of the American Psychological Association, 6<sup>th</sup> Edition. Please also consult the Journal of ARAHE style guide.

- **General Formatting**
  - Double-space all parts of the manuscript, including abstract, quotes, references, and tables.
  - The components of the manuscript should be arranged in the following order:
    - MS Title Page
    - Abstract
    - Text of article
    - Reference list
    - Appendices (if any)
    - Tables (if any)
    - Figure titles & figures (if any)
  - For each table or figure, insert a location note (e.g., Table 1 about here) at the appropriate place in the text.
- **Manuscript Length**
  - Use 2.5cm margins and 11-point Times New Roman or Courier font.
  - Taken together, title or cover page, abstract, text, references, tables, and figures should be no longer than 20 double-spaced manuscript pages.
- **References**
  - Author, A. A., Author, B. B., & Author, C. C. (year). Title of article. Title of Periodical, xx, pp-pp.
- **Additional Items Required**
  - An abstract of no more than 250 words should precede the body of the paper.
  - Immediately below the abstract, list up to five key words, in alphabetical order, by which the paper may be indexed.

### **JARAHE Style Guide**

The JARAHE style is based on the style guidelines of the American Psychological Association.

- **Manuscript Preparation**
  - Use 11-pt type and double space everything: title page, text, headings, & references.
  - Use left justification in the text (i.e., the right edge is ragged).
  - Number pages, beginning with the title page, in the upper-right-hand corner.
  - Titles should be 10-12 words, abstracts 250 words or less. On the title

- page, include a running head of less than 50 characters and spaces.
- Include any acknowledgement notes on the title page. Include complete contact information (i.e., address, phone, fax, e-mail) for all authors; for the publisher, not for publication.
- Following the abstract, identify up to five key words by which the article may be indexed. Key words should be in alphabetical order.

■ Reference list

- Begin the reference list on a new page. Double space all end references. Each new entry begins flush left; set subsequent lines with hanging indents.
- Alphabetize entries in the same manner as within-text citations (above).
- The reference list includes all references and only references cited in the text.
- Entries with multiple authors should include the names of all authors in the reference list.
- Use authors' last names and first and second initials (Gutman, A. S., & Smith, R. T.). Initials appear before surnames only for editors (e.g., A. S. Gutman).
- Italicize book titles, journal names, and volume numbers. Page numbers are required for book chapters.

Examples:

- Book or Chapter in an Edited Book

Sayer, L. C. (2006). Economic aspects of divorce and relationship dissolution, In M. A. Fine, & J. H. Harvey (Eds.), *Handbook of divorce and relationship dissolution* (pp. 385 - 406). New Jersey: Lawrence Erlbaum.

- Article in a Journal

Okada, M. (2010). Gender differences of costume in picture books: A comparative study of illustrations in Japan and Western countries. *Journal of Asian Regional Association for Home Economics*, 17, 103 - 110.

- Unpublished Paper Presented at a Meeting

Kim, M. Y., Park, M. S., Kim, J., & Lee, S. S. (2011, July). *Comparing of life satisfaction among middle aged families*. Poster presented at the meeting of Asian Regional Association for Home Economics, Makati, Philippine.

**JARAHE Reviewers**

Interested in becoming a reviewer for Journal of Asian Regional Association for Home Economics?

Please email [arahe09@gmail.com](mailto:arahe09@gmail.com)